



Bread Baking Basics: Fundamentals for the Home Baker

Jereme Hardy

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Bread baking can seem like a daunting task, for the kitchen novice and even a cooking expert. To the uninitiated, a bread recipe might look like a mysterious process with a bunch of nonsensical steps. Why is bread dough kneaded? Why does it need to rise? What the heck is gluten and fermentation?

Believe it or not, there is a method to the madness when it comes to the bread baking process. Bread Baking Basics takes the same fundamentals of bread baking that the professional bakers use and explains it simply so that the home bread baker can understand. This book explains the twelve steps of baking, bread baker's formulas, and even includes some methods that the professional artisans use to get the most flavor out of their bread.

This book isn't a recipe book, but it will compliment your recipes well! When you understand the fundamentals, the bread baking process, and how to use bread baker's formulas, with a little practice you'll be on your way to baking bread like the pros!

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