



Epic Vegan Instant Pot Cooking: Simple Oil-Free Instant Pot Vegan Recipes For Lazy F@cks

Hannah M Janish, Derek R Howlett

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30 epic vegan oil-free everyday recipes that you will ACTUALLY use for your electric pressure cooker.

Spend more time doing the things you love while making home made food for you and your family that you actually know what is going in to it. Includes a 7 day Instant Pot challenge, cooking charts and all the information you will need to get started cooking with your Instant Pot or electric pressure cooker today. One recipe photo for each and every recipe.

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