



Matters Of Reality: Body, Mind, And Soul

C. Liegh McInnis

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Matters of Reality: Body, Mind, and Soul is the first collection of poetry by C. Liegh McInnis and shows his balance of all things physical and metaphysical. The core or essence of this work is McInnis' imagery as it is his goal to paint pictures that cause us to see what we often miss. These poems address politics, love, self-discovery, and religion all with the notion that physical pain is a reflection of metaphysical pain and that healing the world means to heal our insides.



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