



Freud--The Key Ideas: A Teach Yourself Guide (Teach Yourself (McGraw-Hill))

Ruth Snowden

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Get into the head of Freud

Reading the complete works of Sigmund Freud would take more time than most of us have to spare. *Freud--the Key Ideas* condenses all the information you need about the life and work of the great man into one book. With clear explanations and examples drawn from Freud's own cases you will soon have a solid understanding of the main concepts, from psychosexual development to dream analysis.

- One, five and ten-minute introductions to key principles to get you started.
- Lots of instant help with common problems and quick tips for success, based on the author's many years of experience.
- Tests in the book and online to keep track of your progress.
- Extra online articles at www.teachyourself.com to give you a richer understanding of Freud.
- Covers all the key ideas, from psychosexual development to dream analysis.
- Explains complex concepts in plain, simple terms.
- Includes details of famous cases like 'Anna O' and the 'Wolf Man.'

Topics include:

Freud's life and career; Freud's early work and influences; The beginnings of psychoanalysis; The interpretation of dreams; Exploring the unconscious; Sexual theories; Going back to childhood; Seeking an adult identity; Freud and society; Psychoanalysis; Glossary; Taking it further

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