



The Second Shift

Arlie Hockschild, Arlie Hochschild, Anne Machung

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In this landmark study, sociologist Arlie Hochschild takes us into the homes of two-career parents to observe what really goes on at the end of the "work day." Overwhelmingly, she discovers, it's the working mother who takes on the second shift.

Hochschild finds that men share housework equally with their wives in only twenty percent of dual-career families. While many women accept this inequity in order to keep peace, they tend to suffer from chronic exhaustion, low sex drive, and more frequent illness as a result. The ultimate cost is the forfeited health and happiness of *both* partners, and often the survival of the marriage itself.

With a new afterword by the author, this groundbreaking study is as relevant today as when it was first published.

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