



# Decoding Heart Disease

*MD, Mohamed Shalaby*

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## **Decoding Heart Disease** MD, Mohamed Shalaby

Millions of people across the country suffer from a collection of cardiac conditions grouped under the umbrella term *heart disease*. Yet few people truly understand what this diagnosis means—and more importantly, what they can do to mitigate the effects of the disease.

Now, renowned cardiologist Mohamed Shalaby, MD, FACC, draws from his years of experience successfully treating heart patients and collects his wisdom and knowledge into one accessible volume.

Told in narrative form, this book introduces readers to a number of patients with an array of different forms of heart disease. Each case begins with the patient's presenting complaint and follows along the process of physical examination, lab work, testing, diagnosis, and discussion of treatment between the doctor and patient.

The best part is that you don't have to be a medical professional to understand and benefit from this book. Dr. Shalaby presents the information in a clear, engaging manner that can benefit people of all ages and backgrounds.

Full of wonderful information on conditions such as cardiomyopathy, atherosclerosis, cholesterol, and cardiac arrhythmias, *Decoding Heart Disease* belongs in everyone's home library.

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