



## I Can't Believe It's Food Storage

Crystal Godfrey

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Do you have a three-month supply of food for your family? Are you building up and using your long-term food storage? In I Can't Believe It's Food Storage, author Crystal Godfrey explains how to transition common food-storage items (such as powdered milk, whole wheat, and dried beans) into your own recipes. Godfrey also provides over 100 kitchen-tested recipes for you to try. In addition, you'll learn how to put together a personalized three-month supply and how to involve your entire family in planning and preparing meals. And as for the vitally important one-year supply, you'll learn what to store, how much to store, and how to store it

By the end of this book, you'll be building your food storage, and you'll be using it every day to make meals your family will love. All you have to do is follow the easy step-by-step program outlined in the book. When you taste the wonderful meals you'll effortlessly create once you follow the program, you'll be saying, "I can't believe it's food storage!



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