



Plan & Go | Pennine Way: All you need to know to complete Britain's first and finest long-distance trail (Plan & Go Hiking)

Danielle Fenton, Wayne Fenton

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Plan & Go | Pennine Way is the comprehensive guide to hiking one of Britain's best known and toughest trails. In a clear and concise manner, the book describes what to expect from the 268-mile journey along the 'backbone of England' and provides all the essential planning information to save you time and effort with your own preparations. Supported by step-by-step instructions and first-hand recommendations, you will be well-equipped and feel more confident about completing this memorable hiking adventure from Edale in the Peak District to the Scottish border town of Kirk Yetholm.

The book provides answers to the following questions (and more):

- How do I prepare for the PW?
- When is the best time to go?
- How many days will it take me?
- What are my lodging options?
- How do I organize transportation?
- Where can I resupply food & water?
- What kind of gear works best?
- How do I get there and back?

In addition, **Plan & Go | Pennine Way** offers practical advice on athletic training, which food to pack and in what quantities, how to select gear and which items work best, as well as various other essentials for the trail. The book further includes different budget options and sample hiking itineraries to help you create an itinerary that best suits your personal preferences. The wealth of facts and figures is completed by the entertaining and highly motivating account of the authors' own 24-day Pennine Way adventure.

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William McCown:

What is your hobby? Have you heard which question when you got college students? We believe that that concern was given by teacher on their students. Many kinds of hobby, Every individual has different hobby. So you know that little person similar to reading or as reading become their hobby. You must know that reading is very important along with book as to be the thing. Book is important thing to provide you

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