



FINDING INFINITY, VOL. 1: AN EASY AROMATHERAPY GUIDE TO BLENDING ESSENTIAL OILS (THE ANTI-AGING SECRETS)

Maria Quezada

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Finding Infinity, Vol. 1: An easy aromatherapy guide to blending essential oils, will take you through a journey of aromatherapy and self-discovery. You will love the practical, natural, and easy approaches to beauty, health, rejuvenation, and stress reduction. In this first volume, you will be introduced to nine essential oils: Bergamot, Eucalyptus, Geranium, Lavender, Peppermint, Rosemary, Tangerine, Tea Tree, and Ylang Ylang. You will be guided as you create functional and multi-purpose aromatherapy products, including massage oils and perfume roll-ons. Aromatherapy, through the use of pure essential oils, is a natural way to improve the quality of life. Essential oils are a vital aspect of anti-aging because they are "cytophylactic," which means that they promote cell rejuvenation. Embedded in Finding Infinity are keys to rejuvenating the body, mind, emotions, and spirit. As you read about aromatherapy, look for pairs of infinity symbols to unlock the power within.

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