



**Survival Guide: How To Find Edible Plants In The  
Wilderness: 20 Wild Plants That Will Save Your  
Life: (how to survive natural disaster, how to  
survive ... forest) ((survival guide, survival pantry))**

*Helen Rogers*

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Survival Guide: How To Find Edible Plants In The Wilderness 20 Wild Plants That Will Save Your Life!

In the wilderness, it is not easy to find food items because you will not find any utility store and commercial stores to buy food. You have to arrange your own food items and wild plants will be a major source of food. It is not easy to find out edible and poisonous plants; therefore, it will be good to carry a handy guide for you. This book is designed as a guide for you so that you can learn about plants and fruits available for everyone to eat. You should learn the tips on foraging and types of foods available in various areas. This book will explain edible food items in summer, autumn, forest, winter and other areas. Read this book and get valuable information for your survival days. This book offers:

- Tips to foraging for wild plants
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