



**The PMS Coloring Book: A Stress Relieving Adult  
Coloring Book (Midnight, Black Edition)(PMS  
Relief, Coloring Books for Adults, Swear Word  
Coloring ... Books & Swear Word Coloring Books)  
(Volume 5)**

*Cynthia Van Edwards*

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# The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5)

*Cynthia Van Edwards*

The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) Cynthia Van Edwards

## The PMS Coloring Book

*by Cynthia Van Edwards*

**[MATURE CONTENT]** This is a coloring book devoted to each and every woman on the planet earth who must, at some point, face the realities of P.M.S. For some it isn't a big deal, but for the other 99.96% of us... it hurts like a mother-f'er. So get out your pens, sharpies, markers, colored pencils, or lipstick and let's bring out those thoughts and feelings so that we don't murder those closest to us during that time of the month when Lucifer seems to be washing out our insides.

**It's easy to get really angry sometimes... so we started coloring swear words.** This is the *Midnight BLACK edition*, which uses open Black backgrounds so that your colors literally pop off the page and you can walk around like a lazy eyes psycho and show people what you did last night when you weren't going batshit crazy! What you're left with are really unique and beautiful pieces of art.

Show your support or contempt with your pens, pencils, crayons, markers, or lipstick! The main idea with this book was to provide the colorist with brilliant and stunning images to color, but then to really shake things up by splicing in dirty quotes, swear words, clever but vulgar sayings, sh\*t like that. It's an eye raping to be sure. Only until you finish coloring each image will the true profanity take it's shape. So be brilliant you son (or daughter) of a b\*tch! Show us what you've got!

This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases mental stimulation. The pictures and designs may seem random at first glance, but they're anything but.

Our idea with this project was to both inspire you, and increase neuronal activity and stimulation in a way

that activates very unique parts of your mind. There are fields of research suggesting that both children and adults who work with coloring books and designs can effectively raise their IQ.

So have fun, relax, let the markers and pens do what they will, and hang on for an incredible, mind altering ride!

We hope to give the designer (you) a very introspective and mind expanding experience

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**From reader reviews:**

**Serina Horne:**

In this 21st one hundred year, people become competitive in most way. By being competitive right now, people have do something to make all of them survives, being in the middle of typically the crowded place and notice by surrounding. One thing that at times many people have underestimated it for a while is reading. Yes, by reading a e-book your ability to survive increase then having chance to stand up than other is high. For yourself who want to start reading some sort of book, we give you this particular The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) book as beginning and daily reading reserve. Why, because this book is greater than just a book.

**Deanna Stewart:**

Information is provisions for anyone to get better life, information today can get by anyone from everywhere. The information can be a understanding or any news even a huge concern. What people must be consider while those information which is from the former life are challenging be find than now could be taking seriously which one is suitable to believe or which one the actual resource are convinced. If you have the unstable resource then you understand it as your main information you will have huge disadvantage for you. All of those possibilities will not happen throughout you if you take The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) as your daily resource information.

**Willie Carlos:**

The book untitled The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) is the reserve that recommended to you to learn. You can see the quality of the e-book content that will be shown to you. The language that writer use to explained their way of doing something is easily to understand. The article author was did a lot of exploration when write the book, hence the information that they share to your account is absolutely accurate. You also could get the e-book of The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) from the publisher to make you more enjoy free time.

**Stella Keith:**

Reading can called head hangout, why? Because if you find yourself reading a book mainly book entitled The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) the

mind will drift away through every dimension, wandering in each aspect that maybe not known for but surely will become your mind friends. Imaging every single word written in a publication then become one contact form conclusion and explanation that will maybe you never get prior to. The The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) giving you another experience more than blown away your thoughts but also giving you useful info for your better life with this era. So now let us demonstrate the relaxing pattern the following is your body and mind will probably be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary spending spare time activity?

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