



Spiritually Oriented Psychotherapy

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Spiritually Oriented Psychotherapy

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Spiritually Oriented Psychotherapy is the first book to critically and coherently survey how spirituality can be incorporated into a range of psychotherapeutic approaches, including psychoanalytic, cognitive-behavioral, humanistic, interpersonal, transpersonal, and others. Volume editors Sperry and Shafranske, both well-recognized and outstanding scholars, bring together a stellar group of contributors to describe the theoretical and clinical basis for their approaches and to illustrate their clinical application. A uniform structure across chapters and an integrative final chapter allow for easy comparison of the approaches. The volume editors examine current and future issues as well as the legacy of the psychoanalytic and Jungian foundations of spiritually oriented psychotherapy. This volume demonstrates the utility and accessibility of examining the spiritual dimension in therapy. It is likely to become a vital resource for the experienced clinician and the standard text for graduate programs in clinical, counseling and consulting psychology, and clinical social work.

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