



You're Trying Too Hard: The Direct Path to What Already Is

Joey Lott

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Working Hard to Become Spiritually Elite?

Have you ever wondered why you can't find the path to enlightenment? Have you struggled with expensive meditation techniques and special diets, elite teachers, and all manner of other crazy notions just trying to one day, finally, awaken to complete freedom and total peace (perhaps with a hefty dose of bliss as well)?

Stop!

In *You're Trying Too Hard*, Joey Lott explains exactly that--you are trying too hard, and you will never achieve your goals precisely because you already ARE freedom. Stop trying everything under the sun to bring yourself to true enlightenment. Stop searching for wiser, more special teachers. Stop worrying about lineage and ego and diet and the self. Stop everything. Remain only with direct experience, and let true clarity at least reveal itself.

Clarity is the simplicity of being. Clarity is simply seeing what is, as it is.

“Look to direct experience right now. This is absolutely effortless. There is no trying required. Why? Because direct experience is unavoidable. It is what is happening.”

Are you ready? Read this book now, and set foot on the only path to so-called "enlightenment" you will ever need.

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