



Ins & Outs of Being A Mommy

Motherhood Motherhood

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3 essential tips for beating stress – and being able to “sleep like a baby” yourself!

What to expect during a typical day and night with your newborn – not knowing what to expect can be one of the biggest causes of stress ... read this information and you'll know exactly what the future holds as well as how you are going to deal with any situation that arises effectively and efficiently!

The key to getting enough sleep when you first bring your new baby home – after reading this tip you are sure to slap your forehead and say, “Of course, now why didn't I think of that?”

The advantages and disadvantages of breastfeeding and bottle-feeding – and how to choose which is right for you and your baby!

How to choose the right formula for your baby – as well as which type of bottle is best to use!

The best parenting tool you can use when your child is an infant – use this tool regularly and you can improve your baby's intelligence and better prepare them for the world!

What not to do when giving your child a bath – includes 10 common items you absolutely should not use when bathing your child!

How to resolve common sleep issues – and ensure that your child is sleeping through the night as soon as possible!

7 tips for making bedtime go smoother – putting your child to bed doesn't have to be a struggle every night ... discover the secrets here!

How to get your child to begin using sippy cups – follow these tips and your child will be practically begging you to let them use sippy cups instead of a bottle!

And much, much more!

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Leslie Jasso:

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