



# Swing the Handle- Not the Clubhead: A Great Method to Improve Your Golf Game

*Eddie Merrins*

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## **Swing the Handle- Not the Clubhead: A Great Method to Improve Your Golf Game** Eddie Merrins

In this book, Eddie Merrins, a highly respected teacher and player, offers golfers a total, yet amazingly simple, method for producing a mechanically perfect swing.

The cancer of golf shotmaking, says Merrins, is the player's attempt to control the moving clubhead with his or her hands and wrists, an attempt that is doomed to mis-align the clubhead, throw it off track and reduce its speed through impact. Problems that inevitably result including hitting from the top, slicing, hooking, sclaffing, topping.

Merrins' Method provides a clear solution to these woes. Moreover, it explains how you can readily control your shots' length, direction, trajectory and 'shape,' merely by the manner in which you swing the grip-end of the club with your forearms.

Merrins also explains just what proper wrist action is and how to produce it. He gives a simple three-step procedure that will assure you a correct grip. He details proper set-up and tells you how to use your legs. He describes tempo and rhythm and tells you hwo to combine these often misunderstood facets of the swing. He shows you how to apply the same principles used on full swings to pitch, chip and sand shots and putts, thus eliminating many variables from your game. Finally, he tells you how to take your new swing onto the course and make it work.

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