



An Independent Mind: Collected papers of Juliet Hopkins (Independent Psychoanalytic Approaches With Children and Adolescents)

Juliet Hopkins

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‘Juliet Hopkins has quietly encouraged and inspired generations of colleagues and students’ (Dilys Daws).

An Independent Mind: Collected Papers of Juliet Hopkins follows the professional journey and influence of an innovative figure in the history of child psychotherapy. Juliet Hopkins spans Kleinian and Independent psychoanalytic traditions and brings a critical scientific mind to these theories. Amongst her main influences were Winnicott and Bowlby – both of whom her work addresses. This book contains her most important papers, bringing together psychoanalytic theory, family and individual approaches, attachment theory and infant–parent work. With a writing style that is clear, straightforward and readily accessible, Juliet Hopkins promotes a scholarly integrative way of thinking about psychotherapy without compromising the basic psychoanalytic principles that inform her work.

The papers have been gathered chronologically into four sections, each given context by the Editors with a brief introduction:

Trauma and child psychotherapy

Attachment and child psychotherapy

Infant-parent psychotherapy

Integrating and exploring Winnicott

An Independent Mind: Collected Papers of Juliet Hopkins is a collection of classic papers whose relevance today is undiminished. It will be essential reading for established and trainee child and adult psychotherapists and psychoanalysts; counsellors, psychologists, psychiatrists interested in psychoanalytic approaches; social workers, nursery workers and those who work with children in voluntary organizations.

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