



Wisdom: Things I Wish I Knew at Twenty-Two

Sharon Senna

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Wisdom: Things I Wish I Knew at Twenty-Two is a collection of life lessons for teenagers, young adults, and everyone who is twenty-two at heart. With insights gathered from women and men who have experienced different elements of life's journey, this book dispenses wisdom in practical, easy-to-digest morsels, such as:

- Becoming effective at work
- Achieving work-life balance
- Assuming leadership roles
- Identifying values and setting goals
- Dealing with matters of the heart
- ...and other practical life lessons

Whether you are a teenager seeking wisdom that does not come from a schoolbook, a young adult striving to be successful, or an older adult looking for a good mental tune-up, let the messages in *Wisdom* enlighten and inspire you as you pursue your dreams.

About the Author

Sharon Senna began writing poetry in 1992. She found that writing provided not only a creative outlet, but also a way to make better sense of life. *Wisdom* is her third book. Sharon finds joy in helping others to become more successful on whatever path their hearts beckon them to follow.



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