



Ride of Your Life: A Coast-to-Coast Guide to Finding Inner Peace

Ran Zilca

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Have you hit a crossroads in your career or life? Do you feel stuck and know you have more to offer the world than what you are doing right now? If you are yearning to make a change in life, Ride Of Your Life will be your inspiration and guide. Back in 2010, research scientist and entrepreneur Ran Zilca set out from his home in New York on a motorcycle, bound for California in search of the next chapter in his life. Along this soul-searching journey, he spent hundreds of hours in contemplation on the road, met with fellow travelers from all walks of life, and interviewed leading experts in research labs, spiritual centers, and temples all across the country. Six-thousand miles later, he returned home, sold his company, and moved to a different continent. Ride of Your Life chronicles this transformative journey, sharing the collective wisdom Ran learned from one-on-one discussions with spiritual leaders and researchers, including Deepak Chopra, Phil Zimbardo, and Sonja Lyubomirsky. This groundbreaking book in the field of positive psychology is part travel memoir, part spiritual compass, and a practical handbook for personal transformation. Ride of Your Life will help you awaken your dreams and answer your own calling for a happier and more meaningful life.

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