



Gourmet Vitamix Blender Soup Recipes: Get The Most Out Of Your Vitamix Blender With These Amazing, Delicious, Quick and Easy Recipes

Vanessa Lee

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This recipe book is specifically designed for any Vitamix (or Ninja) blender model and includes delicious classic soup recipes like broccoli and cheddar soup, tomato soup gazpacho, and more. There are also both hot and cold soup recipes included, and most of the cold soup recipes are made with delicious fresh fruit and are a great alternative to the standard smoothie that you might make with your Vitamix. Complete with nutritional information, these recipes are designed to be easy to make and healthy; most of them are around 100 to 200 calories per serving and made with delicious whole foods and natural ingredients. The Vitamix is a powerful blender that can actually heat up liquids, and it is designed to be used to make soup safely with a built-in steam escape and blades that can heat the soup up. If you haven't used your Vitamix to make soup, this recipe book is the perfect place to start, and you will be amazed at how easy it really is to make these simple but very appetizing soups in your blender.

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