



# Childhood Sports Injuries and Their Prevention: A Guide for Parents with Ideas for Kids

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### Childhood Sports Injuries and Their Prevention: A Guide for Parents with Ideas for Kids

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Contains - \* The most common sports-related injuries in kids \* Preventing and treating injuries \* Sportspecific safety information and with additional Internet links to non-profit organizations Staple bound NIH Pub. 06-4821; August 2006; 7 pages



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