



## **Heal Environmental Illness and Reclaim Your Life**

Lorraine Smith

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## Heal Environmental Illness and Reclaim Your Life

Lorraine Smith

#### Heal Environmental Illness and Reclaim Your Life Lorraine Smith

This is the authors true inspirational story of recovery from Environmental Illness. Along with an amazing story of overcoming obstacles to find a cure, it is a self-help manual. Many new and exciting healing techniques are explained and illustrated. Some are self-hypnosis, trauma clearing, and an allergy elimination technique.



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