



### Your Power to Heal! Healing through Hypnosis

Beverly Hills Hypnosis, Trevor H Scott

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## Your Power to Heal! Healing through Hypnosis Beverly Hills Hypnosis, Trevor H Scott Increase your body's ability to heal through hypnosis!

Your subconscious mind regulates every function of your body - your heart rate, body temperature, respiration and most importantly, your immune system and your ability to heal.

Through the use of hypnosis, guided imagery, relaxation techniques and positive suggestion, Your Power to Heal! creates direct access to the most powerful part of the mind, the subconscious. After you are gently guided into a deep state of relaxation, you will receive a series of powerful suggestions that will strengthen and activate your body's own ability to heal!

#### Why is "Your Power to Heal!" so effective?

Again, by creating direct access to the most powerful part of the mind, the subconscious, you can teach your subconscious mind to automatically act in the ways that best suit your goals, rather than relying on poor habits that you've built up over the years.

When you align what you consciously desire with your subconscious motivations...your possibilities are endless!

#### Can everyone be hypnotized?

Yes. Have you ever been driving a familiar route home and suddenly arrived at your destination without remembering the last few minutes of the drive? This is one example of our subconscious mind taking over the routine details of life. Our subconscious mind handles most of our day to day activities. That is the subconscious mind's job - to handle the details of life, while our conscious mind handles the more important needs

Most clients are amazed at how quickly they accomplish their desired results. Unlike traditional therapies, Hypnotherapy is able to help you reach your goals without going through years of self-exploration.

#### When You Are Ready!

Reach your goals faster than ever! You can and will make permanent, positive changes in your personal and professional life. Beverly Hills Hypnosis offers an effective, relaxing, drug-free choice for change.



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