



# Rebound Rituals: 50 Ways to Bounce Back After Breaking Up

*Jennifer Worick, Kerry Colburn*

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**Rebound Rituals: 50 Ways to Bounce Back After Breaking Up** Jennifer Worick, Kerry Colburn

Heartache? Hardly. Armed with *Rebound Rituals*, a girl's guaranteed to get over an evil ex lickety-split and even ask herself what took so long! Inside this cute little handbook are 50 tried-and-true, feel-good-fast rituals, along with countless tips on celebrating singlehood and getting back in the game. Take a road trip, reclaim the bed, buy new lingerie, celebrate a boyfriend-free birthday or even get revenge by sticking it to a voodoo doll or burning all the junk he left behind! Cheaper, easier, and more fun than therapy, *Rebound Rituals* puts a girl on the fast track to healing the heartbreak and officially exorcising her ex.

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