



# Treating Depression Effectively: Applying Clinical Guidelines

*Sidney H. Kennedy, Raymond W. Lam, David J. Nutt, Michael E. Thase*

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Treating Depression Effectively: Applying Clinical Guidelines is designed to help clinicians put existing clinical guidelines on the management of depression to their best practical use. Its focus is entirely practical; it disseminates first-hand experience on the most successful applications of published theory. A range of scenarios is explored, from the efficacy of herbal treatments to the specific problems faces in different age groups. Authored by international experts in the field, this book will offer a global perspective on the problem for general psychiatrists, trainees, general practitioners/primary care physicians, and nurses.

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