



# Bread Upon The Waters

*Peter Reinhart*

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## **Bread Upon The Waters** Peter Reinhart

For Peter Reinhart there is no clear line between bread making and soul making. In this engaging memoir, he traces the many paths he's traveled on his journey toward becoming a spiritual adult. Drawing upon both his humility as a seeker and his authority as an internationally known master baker, he relates the twelve stages of bread making to initiations of the soul that progressively lead one to a richer, more spiritual life. With humor and wit, he recounts his struggle to forge a link between the timeless principles of the Judeo-Christian tradition and other world religions. Ever the pilgrim, he tells movingly of his own search for an inner priesthood, a search that led him to twenty-five years of seminary training and charitable work among an eastern orthodox service order; it was here that he discovered his talent and passion for the innately spiritual craft of bread baking. *Bread Upon the Waters* draws upon a rich life, one devoted to caring for others and to matters of the soul above all else. And woven throughout are inventive recipes drawing upon the ritualistic tradition of the bread baker—food for the body and meditations for the spirit.

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