



God Is Not a Catholic: A Recovery Journey for Adult Children of Parochial Schools

Dianne M. Pela

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God Is Not a Catholic is the first and only book that gives you a step-by-step guide to attain successful recovery from an adverse childhood experience in parochial school.

Backed by facts gleaned from an independent study, God Is Not a Catholic pulls together four powerful dynamics:

- The dysfunction of the religious school system of our childhood as an area to be looked at and healed.
- Neurolinguistic Programming (a communications technology concerned with visual, auditory and kinesthetic sensory modes) as a method for healing.
- Neurolinguistic Programming (NLP) as a tool for forgiveness.
- Forgiveness as a tool for healing.

You can benefit from this book whether or not you went to parochial school:

- Learn valuable tools to forgive transgressions in your life.
- Find your own "personal strategy" for forgiving based on your own style of learning.
- Learn the benefits of forgiveness on three levels: physiological, emotional, and spiritual.

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