



Achieving Your Best in High School

Charles P. Kostli

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This collection of self-guided lessons includes the essential skills that are needed to be successful in high school and beyond. Students who are new to high school or students who are struggling in class, as well as students who want to maximize their achievement in school, will find these easy to implement strategies effective and practical. Each lesson includes easy to adapt techniques that can be integrated into everyday practice. The strategies are divided into six units, each focusing on different aspects of student achievement. From adapting to high school to organization and study skills to setting goals, this book will introduce all of the necessary components of being a successful high school student. These techniques will be an asset to any student in high school and college and throughout the rest of their careers.

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