

American Fencer: Modern Lessons from an Ancient Sport

Tim Morehouse

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In his fast-paced memoir, written with best-selling author Garth Sundem, Olympic silver medalist Tim Morehouse describes his life's inspiring trajectory from a rough neighborhood in New York City to fencing halls around the world and eventually the Olympic podium. Using the Italian adage Maestro di scherma, maestro di vita (Master fencing, master life] as his compass, Tim shows us the hidden and sometimes dangerous underbelly of international saber fencing and shows how revelations on the strip can inform our lives, such as: Win the idea, lose the point"—You can fence well and still be touched, but by measuring success by your actions and not the score, you can turn the tide of a match. "Close the distance"—It's useless to shout a pickup line from across a crowded bar, and likewise, it's useless to feint cut Russia's Stanislav Pozdniakov from an inch too far away. The right move from the wrong distance is no move at all.



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